TOP 5 THINGS PARENTS/GUARDIANS SHOULD KNOW

Dean of Students Office
Student Services Building, Room 403
415-338-3888
dos@sfsu.edu
WHERE CAN I FIND THIS INFORMATION?

DOS.SFSU.EDU
HERE IT IS!
AGENDA

• Health
• Safety
• Housing
• Finances
• Transportation
STUDENT HEALTH SERVICES

- Student Health Fee - $157 per semester
  - Covers doctor’s appointments, x-ray services, and lab work performed at SHS
  - Appointments with the Registered Dietician/Nutritionist
  - Health & Wellness Education services

- Pharmacy & Lab Testing
  - Pharmacy FAQ’s
  - Lab services include blood draws, urine tests & cultures, pregnancy test, rapid strep, monospot, stool test

- Immunizations – MMR & Hep B

- After Hours Care
  - Emergencies – call 911
  - Advice Nurse – (415) 338-1251, press 1
  - iTriage – website/app to check symptoms & find local clinics/hospitals
Health Insurance

- International Students and all students living in University housing are required to have health insurance
- While SHS provides basic health services, it is recommended that all students have health insurance. Options include:
  - CSU sponsored health insurance policy
  - Affordable Care Act – Covered CA
  - Medi-Cal/Denti-Cal (DACA students may also qualify)
  - Covered under parent/guardian insurance
PERSONAL, EMOTIONAL & MENTAL HEALTH SERVICES

- Counseling & Psychological Services
  - 6 free counseling sessions & extended care referrals
  - Individual & group counseling
  - Marital & couples counseling
  - Anger management seminars
  - The SAFE Place
  - Residential Life Clinical Counselor – Lets Talk
  - After Hours Care
- On-Duty/Call Live-In Staff – Residential Life
- Dean on Call
- Health & Wellness Staff
Mashouf Wellness Center
- New center opening in the fall
- Included in Student Fees; show ID Card for entry
- Fitness Equipment, Climbing Wall, Indoor Running Track, Pools, Personal training and Massage Services
- Traditional and Non-traditional activities
- Many new programs & services for students
- A Healthy Body supports a Healthy Mind
- A new place to build community
- Student jobs
- Website: dos.sfsu.edu/mwc
SAFETY

- 24/7/365 University Police Department coverage

- 911 Emergency Services (415) 338-2222 from a cell phone

- Campus Alliance for a Risk-Free Environment Escort Program (415) 338-7200

- Blue lights

- Majority of crimes on campus are crimes of opportunity
SAFETY

- Common sense precautions
  - Be alert & aware of surroundings
  - Unplug
- Emergency Communications
  - Safety Alerts
  - Social Media – Facebook & Twitter
  - Timely Warnings
  - Emergency Contact – SF State Gateway ➔ Student Schedule/Classes ➔ Student Center ➔ Emergency Contact
On & Off-Campus

- We do not guarantee on-campus Housing
- Have approximately 3,800 beds on campus. Enroll approximately 7,000 new students each year (*on-campus housing still available!*)
- Off-Campus Resources

Academic Success and Living On Campus

- Research shows that students living on-campus do better academically and socially
- It will be really important for off-campus students become engaged with campus life – join clubs, attend events, etc.

- Renter’s Insurance – highly recommended on or off campus
- Housing Presentation & Tour – 1:30pm & 3:30pm, Jack Adams
- Housing Tours by appointment at 10:45am & 11:15am & 11:45pm (limited to 15 attendees)
  - Meet at the Housing Business Office at Ward Hall
Fees: available online after registration

Payments are due on July 24th

Payments: cash (only at the Bursar office/window), personal check, certified funds, financial aid deferment, credit/debit card (2.75% fee), e-check, wire transfer

Financial Aid: Not too late! Pell Grants, Federal Loans, Private Loans
  - Disbursements: Direct Deposit or by check
  - Students can sign up for direct deposit through the Student Center

Responding to the To Do List via the Student Center portal
### Semester Budget Example*

<table>
<thead>
<tr>
<th>Funding Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>FAFSA Award</td>
<td>$3,000</td>
</tr>
<tr>
<td>State/Pell Grants, Scholarships</td>
<td>$2,700</td>
</tr>
<tr>
<td><strong>Total Award Package</strong></td>
<td><strong>$5,700</strong></td>
</tr>
<tr>
<td>Tuition Costs</td>
<td>$3,629</td>
</tr>
<tr>
<td><strong>Total Award Remaining</strong></td>
<td><strong>$2,071</strong></td>
</tr>
</tbody>
</table>

- Books, Living Expenses, Commuting Costs, etc.
- Might need to find other sources of funding!

*The numbers in this slide are used solely as an example.*
• Best Advice: Don’t bring a car
  • Best way to travel in SF is by public transportation or by walking or biking
• On campus: parking pass for Lot 25* or Village
  • Lot 25 pass is $245.25 per semester
  • Contact the Housing office about Village passes and price
• Commuters: Parking passes are available for the Lot 20 garage*
  • $224 per semester for a Monday/Wednesday pass or a Tuesday/Thursday pass;
    $336 per semester for a Monday/Wednesday/Friday pass; $560 per semester for a Monday – Friday pass.
  • Note: These are the current prices as of June 2017 and are subject to change. For updates please visit the Parking & Transportation website.
OneCard/Gator Pass

- Multi-purpose ID (Student ID & Clipper Card)
- Used to access campus facilities
- Check out library books
- Load money on card to pay for library printing

Students pay $180 each semester as part of their tuition/fees for the Gator Pass

Public transit benefits
- Unlimited travel on San Francisco MUNI
- 25% discount on BART to or from Daly City BART Station
Students commuting via BART will travel to the Daly City station

- Two options to get to campus:
  - Free SF State shuttle (Fall & Spring semesters) which runs from 7am-10:00pm, M-Th and 7am – 7:15pm on Friday – Runs on a loop about every 10-15 minutes
  - 28 or 57 bus routes. There is a free round trip transfer on the Muni 28/57 loaded to the Clipper Card when exiting Daly City BART.

- Students using Muni can arrive via the M streetcar, 17, 18, 28, 29, or 57 routes
SCHEDULE FOR FULL DAY ORIENTATION

- Students will be enjoying lunch with their peers and Orientation Leaders.
- Students will be divided up into their Colleges/Majors and meeting with their Academic Advisors and Graduate Student Orientation Ambassadors.
- They will be going over graduation and major requirements.
  - Each student will receive a major-specific information sheet about required classes.
  - General Education worksheet and check list which will help identify any missing graduation/major requirements during their time at SF State.
  - Selecting their Fall classes and building their Fall schedules.
Students are participating in a number of options during their presentation-block times.

Available sessions are:

- Finances & You! – Jack Adams
- Getting Involved at SF State – Rosa Parks B
- Interested in Student Government? – Rosa Parks A
- Study Abroad – Rosa Parks C
- Veterans/Dependents Workshop – Burk Hall 153
- Educational Opportunity Program Welcome Session – CCSC T-160 (Terrace Level)
- Optional Campus Tours – Meet in lobby
- Housing Workshop & Tour – Jack Adams Hall
- Your Student Experience Panel – Rosa Parks B
- Campus Recreation – Rosa Parks A
- AB540/California DREAM Act – Rosa Parks E

You can attend conference style sessions too!
SCHEDULE FOR HALF DAY ORIENTATION

- Students will be enjoying lunch with their peers and Orientation Leaders.
- Students will be divided up into their Colleges/Majors and meeting with their Academic Advisors and Graduate Student Orientation Ambassadors
- They will be going over graduation and major requirements
  - Each student will receive a major-specific information sheet about required classes
  - General Education worksheet and check list which will help identify any missing graduation/major requirements during their time at SFSU
- Selecting their Fall classes and building their Fall schedules
IMPORTANT DATES & EVENTS

- **Fee payment** is due by 4pm on July 24\textsuperscript{th}
  - [http://bursar.sfsu.edu/content/fall-2017-important-dates](http://bursar.sfsu.edu/content/fall-2017-important-dates)
- On-Campus **Move-In Day** is Saturday August 19\textsuperscript{th}
- Welcome Days begins on August 20\textsuperscript{th} and concludes on August 25\textsuperscript{th}.
  - August 20\textsuperscript{th} events are geared toward on-campus students & their families. The big day for all new students and families is on Monday, August 21\textsuperscript{st}.
  - Part-time job fair will be held on the Quad on August 23\textsuperscript{rd}
  - Classes begin on Wednesday, August 24\textsuperscript{th}
  - Student organization fair will be held on the Quad on August 24\textsuperscript{th} & 25\textsuperscript{th}
Title IX (Campus Clarity) training must be completed by Wednesday, August 25th to remain in good standing

- Fall Recess is November 20th – 25th
- December 12th is the last day of classes
- Final exams are December 13th – December 19th
- Grades are due on January 2nd

Resources:
- Homesickness
- How to help your student learn from mistakes
- Welcoming your student home for the first visit
- How to help your student through finals
CAMPUS RESOURCES

- Student Health Services [http://health.sfsu.edu/content/new-student-frequently-asked-questions](http://health.sfsu.edu/content/new-student-frequently-asked-questions)
- Counseling & Psychological Services [http://psyservs.sfsu.edu/node/31](http://psyservs.sfsu.edu/node/31)
- Disability Programs & Resource Center [http://access.sfsu.edu/home](http://access.sfsu.edu/home)
- University Police Department [http://upd.sfsu.edu](http://upd.sfsu.edu)
- Housing [http://housing.sfsu.edu](http://housing.sfsu.edu)
- Residential Life [http://www.sfsu.edu/~reslife/introductionofstaffroles.html](http://www.sfsu.edu/~reslife/introductionofstaffroles.html)
- Bursar [http://bursar.sfsu.edu](http://bursar.sfsu.edu)
- Transportation [http://parking.sfsu.edu](http://parking.sfsu.edu)
- Office of Student Conduct [http://conduct.sfsu.edu/](http://conduct.sfsu.edu/)
Even after you leave, we are still here to help:

- Dean of Students Office - 415-338-3888
  - dos@sfsu.edu

- Staff
  - Dr. Mary Ann Begley, Interim Associate Vice President & Dean of Students
  - Brian Stuart, Assistant Dean of Students & Director, New Student Programs
  - Shimina Harris, Assistant Dean of Students & Director, Student Conduct
  - Kathleen Kelly, Assistant to the Dean of Students
  - Melissa Landeros, Administrative Analyst