WHERE CAN I FIND THIS INFORMATION?

DOS.SFSU.EDU

HERE IT IS!
AGENDA

• Health
• Safety
• Housing
• Finances
• Transportation
STUDENT HEALTH SERVICES

- Student Health Fee - $157 per semester
  - Covers doctor’s appointments, x-ray services, and lab work performed at SHS
  - Appointments with the Registered Dietician/Nutritionist
  - Health & Wellness Education services

- Pharmacy & Lab Testing
  - Pharmacy FAQ’s
  - Lab services include blood draws, urine tests & cultures, pregnancy test, rapid strep, monospot, stool test

- Immunizations – MMR & Hep B

- After Hours Care
  - Emergencies – call 911
  - Advice Nurse – (415) 338-1251, press 1
  - iTriage – website/app to check symptoms & find local clinics/hospitals
Health Insurance

- International Students and all students living in University housing are required to have health insurance.

While SHS provides basic health services, it is recommended that all students have health insurance. Options include:

- CSU sponsored health insurance policy
- Affordable Care Act – Covered CA
- Medi-Cal/Denti-Cal (DACA students may also qualify)
- Covered under parent/guardian insurance
PERSONAL, EMOTIONAL & MENTAL HEALTH SERVICES

- Counseling & Psychological Services
  - 6 free counseling sessions & extended care referrals
  - Individual & group counseling
  - Marital & couples counseling
  - Anger management seminars
  - The SAFE Place
  - Residential Life Clinical Counselor – Lets Talk
  - After Hours Care
- On-Duty/Call Live-In Staff – Residential Life
- Dean on Call
- Health & Wellness Staff
Mashouf Wellness Center
- New center opened in Fall of 2017
- Included in Student Fees; show ID Card for entry
- Fitness Equipment, Climbing Wall, Indoor Running Track, Pools, Personal training and Massage Services
- Traditional and Non-traditional activities
- Many new programs & services for students
- A Healthy Body supports a Healthy Mind
- A new place to build community
- Student jobs
- Website: dos.sfsu.edu/mwc
- 24/7/365 University Police Department coverage
- 911 Emergency Services (415) 338-2222 from a cell phone
- Campus Alliance for a Risk-Free Environment Escort Program (415) 338-7200
- Blue lights
- Majority of crimes on campus are crimes of opportunity
SAFETY

- Common sense precautions
  - Be alert & aware of surroundings
  - Unplug
- Emergency Communications
  - Safety Alerts
  - Social Media – Facebook & Twitter
  - Timely Warnings
  - Emergency Contact – [SF State Gateway](#) ➔ [Student Schedule/Classes](#) ➔ [Student Center](#) ➔ Emergency Contact
HOUSING & RESIDENTIAL LIFE

- On & Off-Campus
  - We do not guarantee on-campus Housing
  - Have approximately 3,800 beds on campus. Enroll approximately 7,000 new students each year
  - [Off-Campus Resources]

- Academic Success and Living On Campus
  - Research shows that students living on-campus do better academically and socially
  - It will be really important for off-campus students become engaged with campus life – join clubs, attend events, etc.

- Renter’s Insurance – highly recommended on or off campus
- Housing Table- Main Lobby Level from 11:30am to 1:30pm
Fees: available online after registration

Payments are due on January 11th (2nd Payment Deadline)

Payments: cash (only at the Bursar office/window), personal check, certified funds, financial aid deferment, credit/debit card (2.75% fee), e-check, wire transfer

Financial Aid: Not too late! Pell Grants, Federal Loans, Private Loans

- Disbursements: Direct Deposit or by check
- Students can sign up for direct deposit through the Student Center

Responding to the To Do List via the Student Center portal
## Semester Budget Example*

<table>
<thead>
<tr>
<th>Funding Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>FAFSA Award</td>
<td>$3,000</td>
</tr>
<tr>
<td>State/Pell Grants, Scholarships</td>
<td>$2,700</td>
</tr>
<tr>
<td><strong>Total Award Package</strong></td>
<td><strong>$5,700</strong></td>
</tr>
<tr>
<td>Tuition Costs</td>
<td>$3,629</td>
</tr>
<tr>
<td><strong>Total Award Remaining</strong></td>
<td><strong>$2,071</strong></td>
</tr>
</tbody>
</table>

- Books, Living Expenses, Commuting Costs, etc.
- Might need to find other sources of funding!

* The numbers in this slide are used solely as an example.
TRANSPORTATION

- Best Advice: Don’t bring a car
  - Best way to travel in SF is by public transportation or by walking or biking
- On campus: parking pass for Lot 25* or Village
  - Lot 25 pass is $245.25 per semester
  - Contact the Housing office about Village passes and price
- Commuters: Parking passes are available for the Lot 20 garage*
  - $224 per semester for a Monday/Wednesday pass or a Tuesday/Thursday pass; $336 per semester for a Monday/Wednesday/Friday pass; $560 per semester for a Monday – Friday pass.
  - Note: These are the current prices as of June 2017 and are subject to change. For updates please visit the Parking & Transportation website.
**ONE CARD/GATOR PASS**

- **OneCard/Gator Pass**
  - Multi-purpose ID (Student ID & Clipper Card)
  - Used to access campus facilities
  - Check out library books
  - Load money on card to pay for library printing
- Students pay $180 each semester as part of their tuition/fees for the Gator Pass
- Public transit benefits
  - Unlimited travel on San Francisco MUNI
  - 25% discount on BART to or from Daly City BART Station
Students commuting via BART will travel to the Daly City station

- Two options to get to campus:
  - Free SF State shuttle (Fall & Spring semesters) which runs from 7am-10:00pm, M-Th and 7am – 7:15pm on Friday – Runs on a loop about every 10-15 minutes
  - 28 or 57 bus routes. There is a free round trip transfer on the Muni 28/57 loaded to the Clipper Card when exiting Daly City BART.

- Students using Muni can arrive via the M streetcar, 17, 18, 28, 29, or 57 routes
**IMPORTANT DATES & EVENTS**

- **Fee payment** is due by 4pm on January 11\(^{th}\), 2018
  - Financial Aid Award should be accepted online in the Student Center by this date too!
  - [http://bursar.sfsu.edu/content/fall-2017-important-dates](http://bursar.sfsu.edu/content/fall-2017-important-dates)
- On-Campus [Move-In Day](http://bursar.sfsu.edu/content/fall-2017-important-dates) is Saturday January 20\(^{th}\)
- Welcome Days begins on January 20\(^{th}\)
  - Social Activities for all new students
  - Help finding class locations
  - Student organization fairs
- **Title IX** (Campus Clarity) training must be completed! Student will get a HOLD on their account if they don’t!
- Spring Recess is April 19\(^{th}\) through 24\(^{th}\)
- May 15\(^{th}\) is the last day of classes
- Final exams are May 17\(^{th}\) through 23\(^{rd}\)
- Grades are due on June 1\(^{st}\)
- Resources:
  - [Homesickness](#)
  - [How to help your student learn from mistakes](#)
  - [Welcoming your student home for the first visit](#)
  - [How to help your student through finals](#)
CAMPUS RESOURCES

- Student Health Services [http://health.sfsu.edu/content/new-student-frequently-asked-questions](http://health.sfsu.edu/content/new-student-frequently-asked-questions)
- Counseling & Psychological Services [http://psyservs.sfsu.edu/node/31](http://psyservs.sfsu.edu/node/31)
- Disability Programs & Resource Center [http://access.sfsu.edu/home](http://access.sfsu.edu/home)
- University Police Department [http://upd.sfsu.edu](http://upd.sfsu.edu)
- Housing [http://housing.sfsu.edu](http://housing.sfsu.edu)
- Residential Life [http://www.sfsu.edu/~reslife/introductionofstaffroles.html](http://www.sfsu.edu/~reslife/introductionofstaffroles.html)
- Bursar [http://bursar.sfsu.edu](http://bursar.sfsu.edu)
- Transportation [http://parking.sfsu.edu](http://parking.sfsu.edu)
- Office of Student Conduct [http://conduct.sfsu.edu/](http://conduct.sfsu.edu/)
The Parent & Family Program is a resource for parents and family members, keeping them informed with university updates, event invitations, volunteer opportunities and campus life.

Parent & Family eNews is an e-newsletter sent out quarterly with important and topical information about SF State.

Parents can register for the e-newsletter at parent.sfsu.edu.

Questions? Email parent@sfsu.edu.
Even after you leave, we are still here to help:

- Dean of Students Office - 415-338-3888
  - dos@sfsu.edu

Staff

- Brian Stuart, Acting Dean of Students & Director, New Student Programs
  - BSTUART@SFSU.EDU
- Shimina Harris, Assistant Dean of Students & Director, Student Conduct
- Arlene Sudaria Daus, Assistant Dean of Students & Director, AAPI Programs
- Melissa Landeros, Administrative Analyst for the Dean of Students